



6 Steps to Create More Miracles in your Life

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1. **SIT QUIETLY.** Calm your mind. Watch the chatter. If it will not stop, try to not judge it.
2. **GIVE AWAY WHAT YOU THINK YOU KNOW.** When you think you know, you are driving the bus. To let the Holy Spirit (universe, source – use the name you prefer) drive, you must be willing to let go of what you think you know. **WHAT WE THINK WE KNOW is often what is keeping the door shut tight to hearing inner direction and guidance.**
3. **ASK OR TALK TO THE HOLY SPIRIT.** Our inner spirit is connected to the Holy Spirit. We have a view of the physical world. The Holy Spirit has a view of the much larger spiritual world where we are all connected. *For example: I am worried about my mom. I want her to be safe and not fall down the many stairs in her house. But she does not want to listen to me. So, I could ASK: Holy Spirit I give the situation of my mother and her safety to you. I do not know what needs to happen, but I promise I will listen, look, and pay attention for your guidance and direction*
4. **NOW GO THROUGH YOUR DAY AND LISTEN TO YOUR INNER AND OUTER PROMPTINGS.** *For example, you could get a message about a film while listening to a podcast. Then a friend tells you about the same movie. Then you run into a clip about this movie on YouTube. When things repeat like this in many forms, pay attention – you are being sent a message. The message might come in the form repeating lyrics in a song. Or a poster on a wall. Or repeating numbers. The Holy Spirit will use your mind to know how best to guide you. And you will recognize the signs – even if you don't immediately know what it means.*
5. **FOLLOW UP ON INNER AND OUTER PROMPTS.** What does the message or sign mean? Look it up. Do some research. Ask your friends. Take it to your *A Course in Miracles* study group. Get curious.
6. **WRITE IT DOWN.** Whatever happened – whether you followed the promptings or not – it is important to journal about your experiences. We quickly forget what is happening as the world swirls around us. Take time to write down what you did. Over time, patterns emerge and suddenly “aha moments” are revealed. The more you see, hear, and learn about how the Holy Spirit directs you, the more you will tune in and WANT TO follow the Holy Spirit's guidance, guaranteed. This is when miracles appear. You know you did not make this happen because it is too big, or too complex, or too ingenious. Often, it comes with a great sense of ease and flow. Actively participating in this experience is how YOU prove to yourself that miracles do happen. Once you start to identify the appearance of miracles in your life, you will want more. This is what motivates us to go deeper, let go and trust the universe is all-ways “for” you and has yours and everyone else's best interest at heart.



“How people treat you is their karma; how you react is yours.”

Wayne Dyer